

SUN	MON	TUE	WED	THU	FRI	SAT
		<p>1</p> <p>9:30 - 10:30 AM Easy Adult Fitness Whole Body Stretching Ruth</p> <p>12:15 - 12:45 PM Core Workout Shelly</p> <p>1:30 - 2:30 PM Light Adult Fitness Yoga Gloria</p>	<p>2</p> <p>9:30 - 10:30 AM Easy Adult Fitness Whole Body Stretching Ruth</p> <p>12:15 - 12:45 PM Turf Interval Zirkia</p>	<p>3</p> <p>12:15 - 12:45 PM Get Ripped Josie</p> <p>1:30 - 2:30 PM Light Adult Fitness Ripped & Stretch Zirkia</p>	<p>4</p> <p>9:30 - 10:30 AM Easy Adult Fitness Walking with Weights Ruth</p> <p>12:15 - 12:45 PM Yoga Gloria</p>	<p>5</p>
6	7	8	9	10	11	12
	<p>No Classes</p>	<p>12:15 - 12:45 PM Core Workout Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Pound Rockout Workout Gloria</p>	<p>9:30 - 10:30 AM Easy Adult Fitness Easy Does It Ruth</p> <p>12:15 - 12:45 PM Turf Interval Suzie</p>	<p>12:15 - 12:45 PM Get Ripped Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Turf Interval Zirkia</p>	<p>9:30 - 10:30 AM Easy Adult Fitness Cardio Strength & Stretch Gloria</p> <p>12:15 - 12:45 PM Yoga Suzie</p>	
13	14	15	16	17	18	19
	<p>12:15 - 12:45 PM Spin Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Zumba Gloria</p> <p>5:30 - 6:20 PM Strong 30 Zirkia</p>	<p>12:15 - 12:45 PM Core Workout Suzie</p> <p>5:30 - 6:20 PM Yoga Josie</p>	<p>12:15 - 12:45 PM Turf Interval Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Spin Interval Zirkia</p> <p>5:30 - 6:00 PM 30 Min Spin Suzie</p>	<p>12:15 - 12:45 PM Get Ripped Suzie</p> <p>5:30 - 6:20 PM Cardio Kickboxing Cindy</p>	<p>12:15 - 12:45 PM Yoga Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Toned & Stretch Zirkia</p> <p>5:30 - 6:20 PM Get Ripped Raylene</p>	
20	21	22	23	24	25	26
	<p>12:15 - 12:45 PM Spin Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Pound Rockout Workout Gloria</p> <p>5:30 - 6:20 PM Strong 30 Zirkia</p>	<p>12:15 - 12:45 PM Core Workout Suzie</p> <p>5:30 - 6:20 PM Yoga Suzie</p>	<p>12:15 - 12:45 PM Turf Interval Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Ripped & Stretch Zirkia</p> <p>5:30 - 6:00 PM 30 Min Spin Josie</p>	<p>12:15 - 12:45 PM Get Ripped Suzie</p> <p>5:30 - 6:20 PM Bosu Basics Cindy</p>	<p>12:15 - 12:45 PM Yoga Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Pilates Gloria</p> <p>5:30 - 6:20 PM Get Ripped Raylene</p>	
27	28	29	30			
	<p>12:15 - 12:45 PM Spin Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Transform Gloria</p> <p>5:30 - 6:20 PM Strong 30 Zirkia</p>	<p>12:15 - 12:45 PM Core Workout Suzie</p> <p>5:30 - 6:20 PM Yoga Josie</p>	<p>12:15 - 12:45 PM Turf Interval Suzie</p> <p>1:30 - 2:30 PM Light Adult Fitness Zumba Zirkia</p> <p>5:30 - 6:20 PM 30 Min Spin Suzie</p>			