



City of  
Prince Albert

Corporate Communication  
Services

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# News Release

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FOR IMMEDIATE RELEASE

Thursday, January 28, 2010

## **Being Prepared for Emergencies**

*Everyone should have emergency kits at home and in their vehicle*

“The recent blizzard that hit Prince Albert serves to remind us that we need to take steps to be prepared and have a plan in place for this type of emergency,” states Fire Chief, Les Karpluk.

Everyone should have a **household emergency kit** so that you are self sufficient for at least 72 hours. A basic kit is easy to put together and must include at least:

- two litres of water per person per day,
- food that will not spoil,
- manual can opener,
- flashlight, and
- battery powered radio.

The heavy snowfall and high winds created transportation problems in the City and on the highways. An **emergency car kit** is an essential if you choose to travel on the highway or get caught on the roads in a winter storm. A simple kit contains:

- a blanket,
- non perishable food,
- extra clothing,
- first aid kit,
- small shovel,
- wind up flashlight and
- candles.

These storms can hit our City on short notice and we can take easy steps to be prepared. For more information go to the Government of Canada website for the Get Prepared Guide (<http://www.getprepared.gc.ca/fl/guide/national-eng.pdf>) or get a copy from the city website at [citypa.ca](http://citypa.ca).

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