



Visit the City of Prince Albert website www.citypa.ca regularly for updated information about new programs and activities available at our sport, cultural and recreational facilities.



NATIONAL VOLUNTEER WEEK APRIL 18-24, 2010

Community and service clubs have made generous donations towards sports, culture and recreation activities in Prince Albert over the years. The City of Prince Albert would like to recognize the work of volunteers in our community as Volunteer Week is celebrated in Canada April 18 – 24.

The primary purpose of National Volunteer Week is to thank and honor people who donate their time to help fellow citizens and support the causes they believe in. National Volunteer Week serves to reinforce the human values that volunteering represents and to increase public awareness of the vital importance of volunteerism to our communities and to Canadian society in general.



What does it mean to be a volunteer? Stories of fellowship and community pride are common comments voiced by many. When someone joins a community club or a service club, they will find that suddenly they have a whole circle of new friends. Volunteers are a diverse bunch, coming from many different careers with quite different personalities. And that's a good thing. Volunteers relate to each other on a different level: the arts, sports, culture, and of course our service projects. This is fellowship and is a positive atmosphere. The fun of working together while giving back to our Community is why volunteers join and that is why so many keep coming back. Belonging to a Community Club or Service Organizations means so much to our City.

VOLUNTEERS – Please stand up.

Volunteers are truly the vital link that holds a community together. The City of Prince Albert says “Thank you Volunteers ... Take a break and have a coffee on us.” Thanks to Keith Bird from the Great Western Coffee Company in Prince Albert, coffee coupons will be distributed this week to volunteer organizations – so get your coupon from your club and “Take a break and have a coffee on us.”

Hats off to all of our great community volunteers.

NATIONAL VOLUNTEER WEEK APRIL 18 – 24, 2010



VOLUNTEERS

FROM COMPASSION TO ACTION



ALFRED JENKINS FIELD HOUSE UPDATE



Construction at the Alfred Jenkins Field House has been in full swing this past winter and plans are on target with the opening date set for May 10, 2010. Final touches are being made to the building including flooring, painting and wiring projects. A few of the exciting features in the Alfred Jenkins Field House is the Conexus Credit Union Climbing Wall, the Broda Family Fitness Centre and the B & B Asphalt 761 ft./231.6 metre Jogging/Walking Track.

Fitness Leadership Certification

If you are committed to a lifestyle that is active and healthy and would like to become a leader that will motivate and energize people to do the same, consider registering for the SPRA Fitness Leadership Certification program offered by the City of Prince Albert.

Module 1: SPRA FITNESS THEORY COURSE: basic principles of anatomy and physiology as well as a variety of activity experiences.

Dates: May 7, 8 & 9 \$250.00

Module 2: GROUP EXERCISE: includes written and practical evaluation covering topics specific to leading group exercise classes to music.

Dates: May 14, 15 & 16 \$275.00

To register or more information, call Trina at the Margo Fournier Center at 953-4816

As well, the Community Services Department has been busy planning a variety of new fitness programs and services that will certainly please all levels of fitness enthusiasts.

Complete details about Alfred Jenkins Field House hours of operation, programs, monthly membership rates and fitness passes will be available in next month's newsletter.

MARGO FOURNIER CENTER

The City of Prince Albert wishes to advise residents that the Margo Fournier Centre will continue to provide regular fitness and aerobic programming at this downtown location. Regularly scheduled fitness classes such as the Easy Adult Fitness and Noon Hour Drop-in will continue until June 2010 and will begin again in the fall.

Inquires? Please call 953-4816



Summer 2010

Kinsmen Water Park



SWIMMING LESSONS

The following PRESCHOOL CLASSES are for children 3 to 5 years of age.

SEA TURTLE (Parent assisted) (\$34.00)

June 28 - July 9	10:40 - 11:10 am
June 28 - July 9	11:35 am - 12:05 pm
July 12 - 23	10:45 - 11:15 am
July 12 - 23	11:30 - 12:00 noon
July 26 - August 6	10:00 - 10:30 am
July 26 - August 6	11:30 am - 12:00 noon
August 9 - 20	10:50 - 11:20 am
August 9 - 20	12:15 - 12:45 am (Landing Pool)



SALAMANDER (\$36.00)

June 28 - July 9	10:55 - 11:25 am
June 28 - July 9	12:05 - 12:35 pm (Main Pool)
June 28 - July 9	12:05 - 12:35 pm (Landing Pool)
July 12 - 23	10:10 - 10:40 am
July 12 - 23	11:20 - 11:50 am
July 26 - August 6	10:55 - 11:25 am
July 26 - August 6	12:05 - 12:35 pm (Landing Pool)
August 9 - 20	10:45 - 11:15 am
August 9 - 20	11:35 am - 12:05 pm



SUNFISH (\$36.00)

June 28 - July 9	12:10 - 12:40 pm (Landing Pool)
July 12 - 23	10:40 - 11:10 am
July 12 - 23	12:10 - 12:40 pm
July 26 - August 6	11:20 - 11:50 am
July 26 - August 6	12:10 - 12:40 pm (Landing Pool)
August 9 - 20	11:30 am - 12:00 noon



CROCODILE & WHALE (\$36.00)

June 28 - July 9	10:10 - 10:40 am
July 26 - August 6	10:10 am - 10:40 am
August 9 - 20	10:05 - 10:35 am



REGISTRATION PROCEDURE

Completed registrations forms and payment (cheque/money order) must be mailed to: Summer 2010 Aquatic Registration
c/o Margo Fournier Center,
1211 - 1st Ave West Prince Albert, SK. S6V 4Y8.

Registration forms and complete details about these lessons are available on the City's website - www.citypa.ca.

If you have questions, please call the Margo Fournier Centre 953-4816

QUESTIONS?

Call Margo Fournier Centre: 953-4816

Swim Kids 1 (\$36.00)

June 28 - July 9	10:00 - 10:30 am
June 28 - July 9	11:30 am - 12:00 noon
July 12 - 23	10:00 - 10:30 am
July 12 - 23	11:30 am - 12:00 noon
July 26 - August 6	12:10 - 12:40 pm
July 26 - August 6	11:35 am - 12:05 pm
July 26 - August 6	12:10 - 12:40 pm (Main Pool)
August 9 - 20	11:20 - 11:50 am
August 9 - 20	12:10 - 12:40 pm

Swim Kids 2 (36.00)

June 28 - July 9	10:40 - 11:10 am
June 28 - July 9	12:15 - 12:45 pm (Main Pool)
July 12 - 23	10:50 - 11:20 am
July 12 - 23	12:15 - 12:45 pm
July 26 - August 6	10:50 - 11:20 am
July 26 - August 6	12:15 - 12:45 pm (Main Pool)
August 9 - 20	10:05 - 10:35 am
August 9 - 20	10:55 - 11:25 am
August 9 - 20	12:05 - 12:35 pm

Swim Kids 3 (\$36.00)

June 28 - July 9	10:00 - 10:30 am
June 28 - July 9	11:20 - 11:50 am
July 12 - 23	10:00 - 10:30 am
July 12 - 23	11:25 - 11:55 am
July 12 - 23	12:05 - 12:35 pm
July 26 - August 6	10:40 - 11:10 am
July 26 - August 6	11:30 - 12:00 pm
August 9 - 20	10:45 - 11:15 am
August 9 - 20	12:05 - 12:35 pm (Main Pool)

Swim Kids 4 (\$36.00)

June 28 - July 9	10:50 - 11:20 am
June 28 - July 9	11:20 - 11:50 am
July 12 - 23	10:05 - 10:35 am
July 26 - August 6	10:10 - 10:40 am
July 26 - August 6	10:50 - 11:20 am
August 9 - 20	10:10 - 10:40 am
August 9 - 20	11:25 - 11:55 am

Swim Kids 5 (\$42.50)

June 28 - July 9	10:00 - 10:45 am
July 12 - 23	10:40 - 11:25 am
July 26 - August 6	10:00 - 10:45 am
August 9 - 20	10:00 - 10:45 am

COOKE MUNICIPAL GOLF COURSE

Cooke Municipal Golf Course
Address : 900 - 22nd St. East,
Prince Albert, SK, S6V 1P1
Phone : (306) 763-2502 (Bookings)
(306) 765-5205 (Food & Beverage)

Email : cookegolf@citypa.com
Website: www.cookegolf.ca



The Cooke Municipal Golf Course is an 18 hole championship layout course ranked among the top five public golf courses to play in Saskatchewan and Manitoba by Score Golf Magazine and Golf Digest. The par 71 course traverses a 6,509 yard design that will challenge golfers of any skill level, and the friendly staff will ensure a memorable experience. Be sure to visit their newly updated website for more information about this golfer's paradise, located in beautiful Prince Albert. www.cookegolf.ca

- MICHAEL LYONS - 2009 TERRY FOX AWARD

The City of Prince Albert is pleased to acknowledge that Michael Lyons, a grade 12 student at St. Mary's High School is the recipient of the 2009 Terry Fox Award. The Terry Fox Award is presented annually by the City of Prince Albert recognizing those traits in one of its young citizens, which best emulate the ideas and inspirations of one of Canada's leading citizens, the late Terry Fox.

Michael was diagnosed with Retinitis Pigmentosa in 2008 and is now legally blind. With a positive attitude and an upbeat outlook on life, Michael as worked diligently and courageously to meet and overcome the many academic and personal challenges he has been faced with. With a 93% average in his Grade 11 year, it is evident that Michael is an intelligent, hardworking individual who continues to persevere in the face of adversity. On behalf of all the citizens of Prince Albert, we offer our congratulations to Michael on receipt of this prestigious honor.

A new "No Smoking Policy" effective April 1, 2010 will expand the "No Smoking" areas around city facilities to include;



- No smoking within 9 metres (29.25 ft) of main entrance ways,
- No smoking within 6 metres (19.5 ft) of secondary entrances, and
- No smoking within 9 metres (29.25 ft) of viewing stands, bleachers and viewing areas at outdoor recreational areas.

"These smoking bans are well entrenched across Canada and this is an extension of our current policies, similar to many across Canada that addresses entrance ways and outdoor facilities. It is about sending the right messages about wellness to our youth and keeping smoke away from areas where non-smokers and children gain entrance to city facilities or use outdoor recreation areas," explains Recreation Manager Jody Boulet.

For more information, please call 953-4800.

APRIL - Community Sport, Culture and Recreation Activities

If you would like your non-profit sport, culture or recreation event listed on this Community News Page, please send an email to csd@citypa.com. Please note: space is very limited and copy will be edited.

APRIL UPCOMING EVENTS:



The Doodlebops Live Together Forever Tour - April 1, 3:30 pm
Melba Jenkins Community Memorial Service - April 3, 2 pm
Ukrainian Dance Festival - April 9, 10 and 11
Canadian Songbird: The Music of Anne Murray - April 13, 8 pm
Brent Butt - April 17, 7:00 pm and 9:00 pm
Prince Albert Festival of Dance - April 21 - 24
Rising Starz - April 30, 7:00 pm

Tickets available online - www.earawlinsoncentre.ca

John V. Hicks Gallery

(2nd floor - Prince Albert Arts Centre)
1010 Central Avenue, Prince Albert

Marcel Petit: Cumberland House Photographs (April 1 - 30, 2010)

Sponsored by the P.A. Council for the Arts. More info: 953-4811



Art Gallery of Prince Albert E.A. Rawlinson Centre

Main Gallery: *"Install" works - Martin Tagseth*

Fringe Gallery: *Stitch & Knots - Jean Seggie*

Open 7 days / week Hours: 12 noon to 4:00 p.m.
More information 763-7080
or www.artgalleryofprincealbert.com

Prince Albert Community Clubs and Community Centres **MAKING A DIFFERENCE IN YOUR NEIGHBORHOOD!**

Many of the Community Clubs in Prince Albert are looking for new volunteers to get involved in their activities. Volunteering is a great way to meet new people, offer input into the revitalization and safety of your neighborhood and give back to your community.

- Are you retired and looking for something to do a few hours a week during the fall or winter?
- Do your kids enjoy skating, hockey, ringette or shinny at the neighborhood rink?
- Are you looking to join a group of people to assist in offering recreational opportunities to youth?
- Do you have some financial, facility, concession, trades, programming or organizational skills?

YOUR LOCAL COMMUNITY CLUB AND COMMUNITY CENTRES ARE ONLY AS STRONG AS THE PEOPLE THAT GET INVOLVED. YOUR ASSISTANCE IS REQUIRED.

Call 953-4850 to get involved today. Your assistance will be greatly appreciated.